



# Rochester Lifestyle Medicine Institute

## REQUEST FOR LIFESTYLE MEDICINE EDUCATION

Services Provided: Lifestyle Medicine Education    Phone: 800-710-7564    Fax: 585-484-1253

**Mailing Address:**

Rochester Lifestyle Medicine Institute, 1335 Jefferson Rd., #23191, Rochester, NY 14623

**Patient Name:**

**DOB:**

**If patient is under 18 years old, Parent Contact Name:**

**Patient Phone:**

**Best time to call:**

**Patient Email:**

**Referring Provider:**

**Phone:**

**Fax:**

**PCP (if not the referrer):**

**Phone:**

**Fax:**

**Risk Factors (Check all that apply)**

Heart Disease

Hyperlipidemia

Hypertension

T1 Diabetes

T2 Diabetes

Obesity

Chronic Kidney Disease

**Other (specify):**

**Comments / Special Considerations:**

**Program(s) you are referring patient to:**

*(select all that apply)*

**15-Day Whole-Food Plant-Based Jumpstart**

**The Lift Project**

**Health Coaching**

**Pre/Post Labs/Screenings – please order:**

**For Jumpstart**

Pre- and Post- Lipid Panel

Pre- and Post- Fasting Blood Glucose

Pre- HbA1c (if not tested in the past 12 months)

**For Lift Project**

Pre- and Post- PHQ2/9 screening tool

Note: Rochester Lifestyle Medicine Institute will reach out to your patient in an effort to provide information and registration assistance, including facilitation of any grant funding, if available. Phone numbers and emails provided are assumed to denote permission to contact the patient.

*Teaching skills, not selling products...*

Rochester Lifestyle Medicine Institute is a 501(c)(3) non-profit organization by authority of the Internal Revenue Service of the United States of America.