



Rochester Lifestyle Medicine Institute

REQUEST FOR LIFESTYLE MEDICINE EDUCATION

Services Provided: Lifestyle Medicine Education Phone: 800-710-7564 Fax: 585-484-1253

Name & Address:

Rochester Lifestyle Medicine Institute, 2024 W. Henrietta Rd., Bldg. 5A Rochester, NY 14623

Patient Name:

DOB:

If patient is under 18 years old- Parent Contact Name:

Preferred phone:

Best time to call:

Patient email:

Special Patient Considerations:

Patient's PCP:

Phone:

Fax:

Referring Provider's Name:

Phone:

Fax:

Reason for referral?

Patient has been referred to the following program(s) *(select all that apply)*

15-Day WFPB (Whole-Food Plant-Based) Jumpstart

CHIP (Complete Health Improvement Program)

Lift Project

Patient's Current BMI _____

Other Risk Factors *(Check all that apply)*

Hyperlipidemia **Hypertension** **(T1) Diabetes** **(T2) Diabetes** **Heart disease**

Chronic Kidney Disease

Other *(specify)* _____

Please note that Rochester Lifestyle Medicine Institute staff members will reach out in an effort to provide information and registration assistance, including facilitation of any grant funding, if available. Phone numbers and emails provided are assumed to denote permission to contact.

Empowering you to live a happier, healthier life