



RLMI CME Course Discounts to Qualified* Medical Professionals!

- Evidence-based virtual online courses in Nutrition and Lifestyle Medicine
- Gain knowledge and skills to help patients take charge of their own health
- Experience renewed Joy of Practice & Less Burnout
- Earn AMA PRA Category Credit(s)[™] and IBLM MOC Credits

Register here RochesterLifestyleMedicine.org/cme/ or scan QR codes below

Jumpstarting Health – Clinician Course –



15-Day Jumpstart Program (10 CME) is an experiential, immersive, facilitated, plant-based program that runs monthly via Zoom. Use discount code **MedProJS** to register for only \$49.



Jumpstarting Health: Foundations (14 CME) is a self-paced online didactic on the empirical basis for plant-based diet. Register using coupon code **freeCME** to register for FREE.



The Lift Project (10 CME) holistic program improves overall health using the latest findings from positive psychology, lifestyle medicine, and neuroscience. Meet one hour per week for ten weeks via Zoom. Use discount code **MedProLIFT** for the facilitated program or **MedProLIFTSP** for the self-paced program for only \$49.



LMGR (1 CME) is a FREE, monthly, one-hour, patient case presentation to a panel of Lifestyle Medicine experts, via Zoom.



Lifestyle Medicine
Grand Rounds

*Qualifying credentials include: CNM, CSW/MSW/DSW, DC, DDS, DNP/NP/APRN, DO, DPH, MD, MPH, OD, OT/PT, PA, PharmD, PhD, RD/RDN, RN, and Certified Health Coach. If your credentials are not listed, contact certification@roclifemed.org to see if you qualify.